

Lifespan Service Matrix

Lifespan Service		Service Description	Age Served	Donation or Fee?	Geographic Area	Call
<b>Eldersource</b> (a joint service of Lifespan & Catholic Family Center)	<ol style="list-style-type: none"> <li>1. Information &amp; guidance about eldercare/long-term care with linkage to services for older adults.</li> <li>2. In-home geriatric assessment; care management; also caregiver consultation.</li> <li>3. Depression screening &amp; counseling.</li> </ol>	60 and older or people with a disability of any age.	Phone call assistance is free. We request donations for in-home assessment, care management and caregiver consultation.	Monroe County.	325-2800 24 hours a day/seven days a week. <a href="http://www.eldersource.org">www.eldersource.org</a>	
<b>CheckIt!</b>	Lifespan assumes responsibility for financial matters under a power of attorney.	60 and older.	\$65 per hour.	Monroe and surrounding counties.	244-8400 ext. 189	
<b>Financial Management</b>	In-home budgeting/bill paying/debt resolution assistance by trained volunteers.	60 and older.	Donation.	Monroe County.	244-8400 ext. 172	
<b>Financial Consultation</b>	Guidance about your family finances/Medicaid and paying for long-term care.	Any.	\$75 per hour.	Monroe & surrounding counties.	244-8400 ext. 118	
<b>Future Care Planning Services</b> (a joint service of Lifespan, Al Sigt Center & The ARC of Monroe)	A written plan for future care of a loved one with a disability. Guidance about available options for legal, financial and community resources.	People with disabilities over the age of 18 and their families.	\$300 inclusive of a written plan and a Letter of Intent.	Monroe & surrounding counties.	402-7840 <a href="http://www.futurecareplanning.org">www.futurecareplanning.org</a>	
<b>Future Care Community Pooled Trust</b>	For those who need to protect income/assets on behalf of a person with a disability.	18 and older.	\$200 plus monthly fee.	Monroe and area counties.	402-7840	
<b>Long-term Care Insurance Education</b>	Nothing-to-sell consultation about the purchase of long-term care insurance.	Any.	Donation for Medicare beneficiaries. Others \$75/hr.	Monroe County.	244-8400, ext. 113	
<b>Health Insurance Information Counseling &amp; Assistance</b>	Guidance about choosing health insurance policies/filing claims and appeals.	Medicare beneficiaries & those approaching age 65.	Donation.	Monroe County.	244-8400 ext. 191	
<b>Home-Safe-Home</b>	<ol style="list-style-type: none"> <li>1. Free home fall safety assessment</li> <li>2. Minor home modifications (e.g. install grab bars)</li> </ol>	62 and older.	Donation.	Monroe County and Yates counties.	244-8400	
<b>Fall Prevention – A Matter of Balance</b>	Helps older adults manage concerns about falls and increase physical activity.	60 and older.	Varies	Monroe County	244-8400, ext. 128 or 301-1834	
<b>Elder Abuse Prevention</b>	Intervention in physical, mental abuse, neglect & financial exploitation. Must agree to service. We do not handle self-neglect cases.	60 and older.	Donation.	Monroe, Genesee, Livingston, Ontario, Orleans, Seneca, Schuyler, Wayne, Wyoming & Yates	244-8400 ext. 147 or 325-2800	
<b>Ombudsman</b>	Advocacy/problem resolution for residents of nursing and adult homes.	Resident of any age at skilled nursing or adult home.	Donation.	Monroe, Ontario, Genesee, Yates, Livingston and Wyoming counties	244-8400 ext. 114	
<b>Guardianship</b>	Lifespan becomes court-appointed guardian for an incapacitated adult.	Mainly 60 or older.	\$75 per hour.	Monroe County.	244-8400 ext. 189	
<b>Geriatric Addictions</b>	In-home intervention in cases of alcohol/drug/prescription drug abuse.	55 and older.	\$50 every three months of service.	Monroe County.	244-8400 ext. 184	
<b>Day Habilitation</b>	Day Habilitation in a bright, cheery home-like environment for adults with developmental disabilities.	Usually 45 and older.	No fee for persons eligible for Medicaid. Non-Medicaid fee is \$89.36/full day, \$55.31/half day.	Monroe County.	244-8400 ext. 183	
<b>Service Coordination</b>	NYS certified comprehensive service coordination for adults with developmental disabilities.	45 and older.	Medicaid or private pay at \$75 per hour.	Monroe County.	244-8400 ext. 103	
<b>Community Inclusion</b>	Placement & support of adults with developmental disabilities in senior centers.	45 and older.	Donation.	Monroe County.	244-8400 ext. 106	

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See also [lifespan-roch.org](http://lifespan-roch.org) for more information.



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Women-in-Transition Employment Service	Counseling & job search assistance for women who are seeking jobs as a result of death or disability of spouse, separation/divorce.	19 and older.	Donation.	Monroe and area counties.	244-8400 ext. 152	
Bridge Employment Service	Job placement service for older adults seeking part-time jobs during "retirement."	50 and older.	Fee for workshops. Call for information.	Monroe and area counties.	244-8400 ext. 475	
Senior Community Service Employment Program	Financial assistance through job training &/or job placement for lower income persons age 55 and older.	55 and older.	Donation.	Monroe County.	244-8400 ext. 195	
RSVP – Volunteerism	Personalized volunteer placement assistance in non-profit organizations that meet critical needs.	55 and older.	None.	Monroe County.	244-8400 ext. 128	
Partners in Caring	Volunteers help older adults with shopping, yard work, light housekeeping, meal prep, friendly visiting, etc.	60 and older or person with disability of any age.	Donation.	Monroe County .	244-8400 ext. 177	
Give-a-Lift Transportation	Recruits & places drivers with volunteer-based transportation providers.	Recruits volunteers 18 or older.	Based on the transportation provider.	Monroe County.	244-8400 ext. 142	
Boomer Mentors	Recruits volunteer mentors for Rochester City School District students.	Any.	None.	Rochester City School District	244-8400 ext. 168	
Consumer Fraud Protection	Volunteers make phone calls to warn older adults about fraud and scams.	Recruits volunteers of any age.	None.	We make outbound phone calls throughout the U.S.	627-1080	
Scam Prevention	Educational presentations about current scams as well as intervention in alleged scam cases.	60 and older.	Donation.	Monroe County.	244-8400 ext. 193	
Walk Older Adult Center at Lifespan Downtown	Our senior center in downtown Rochester provides meals 365 days a year, activities, and educational opportunities.	60 and older.	Donation for meals. Fees may apply to other activities.	Monroe County.	232-3280	
Gerontology Certificate Program	120 hour certificate program managed by Lifespan in conjunction with St. John Fisher College.	Any.	Tuition for full program \$1300. Also payable per course.	Any.	244-8400 ext. 160	
ElderAware	An interactive workshop targeted to business employees who interact with older customers.	Any.	\$300 for a 1.5-hour workshop for up to 30 employees.	Any.	244-8400 ext. 160	
General Education Workshops	Available on many topics. See <a href="http://www.lifespan-roch.org">www.lifespan-roch.org</a> for listing	Any.	Usually \$75 per workshop.	Monroe County.	244-8400 ext. 160	
Sign Language Interpreting Service	Interpreting services for persons who are deaf.	Any.	Yes. call for information.	Monroe County.	244-8400 ext. 175 or VP 340-2313	
HEAP (Home Energy Assistance Program)	A federally funded program that assists eligible households in meeting home energy needs.	60 and older. Eligibility based on income and housing situation.	None.	Monroe County .	244-8400, ext. 102	
WRAP – Weatherization	Services to reduce energy bills.	60 and older who are eligible for HEAP.	None.	Monroe County.	753-6560	
Peace of Mind Planning	Assistance organizing your vital legal, financial and health information.	Any.	Fee. Call for information.	Any.	244-8400, ext. 116	

