



Your
single source
for eldercare
guidance

eldersource

(585) 325-2800



“My husband is becoming frail and I’m afraid we can’t manage our home any longer, but where can we go?”

Eldersource simplifies your search for older adult services.

Now you have one phone number to call for professional information, advice and guidance for anything pertaining to eldercare.

As Monroe County’s designated information and referral line for older adult services, Eldersource answers more than 14,000 phone calls every year. Yet, our service is much more than a clearinghouse for information. Eldersource also provides guidance through home-based care management. In our care management role,

we get to know you, your family and your unique eldercare situation. So whether you need the names of adult day care centers near you or help with a complex problem, Eldersource is your single source for eldercare guidance.

Whether you’re providing care for a frail parent or whether you’re trying to maintain your own independence, Eldersource can put you in contact with the right services and help you understand all the options.



“Dad’s health is failing and we try to help, but most of the work falls on Mom. And she just isn’t able to handle his needs by herself.”

Assessing what you need.

Making the right decision is hard. Our professional care managers, specially trained in geriatrics, can do an in-home assessment to evaluate individual circumstances. We evaluate the ability of older adults to perform daily living activities. We look at health history, home environment and even take into account social history. All these go into understanding what you need.

“When I suddenly had to transfer my sister to a nursing home, I didn’t know where to turn. After much frustration I found Eldersource. Your guidance and moral support made all the difference.”



Benefiting from care management.

Once a care manager completely assesses your situation, we complete a care plan, link you to the appropriate services or benefits and provide ongoing guidance. We also monitor and even reassess when conditions change.

Helping caregivers find appropriate services.

Sometimes it helps just to talk with someone. Our care managers are available for caregiver consultations and discussions. For guidance on eldercare, Eldersource is the only source you need to know.

Your single source for elder care.

Eldersource Care Management Services, established in 1995, is a collaborative program of Catholic Family Center and LIFESPAN. It is our community's largest provider of non-medical support services to older adults.

Eldersource is sponsored and supported by Monroe County and the United Way. Some Eldersource care management services are provided at a rate based upon your ability to pay. Many local companies provide coverage for Eldersource assistance as an employee benefit. To find out whether you qualify, call us.

The Eldersource program is accredited by the Council on Accreditation of Services to Families and Children.

eldersource

(585) 325-2800

www.eldersource.org

